



Einladung zum Gastvortrag von

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„Work-home boundary management: Looking back, looking around, looking forward“

An “always on” mentality and blurred boundaries between work and private life are particularly characteristic for today’s work. Employees are found to psychologically engage in work during off-job time through behaviors (i.e., responding to work-related emails at home or talking to spouse about work issues), cognitions (i.e., ruminating about work-related problems at home), or emotions (i.e., during off-job time, an employee experiences lingering anger over a rude interaction with a client). Research in the past decade has built a foundation for understanding boundary management, yet theoretical and methodological advances are needed to broaden the notion of work-home boundary permeability. The present lecture will take a look back at previous studies, especially by focusing on different theoretical and methodological issues. A range of antecedents and well-being outcomes will also be reviewed. Additionally, a new understanding of work-home boundary permeability will be presented by “looking around” at theories from other fields. The lecture will conclude with a look forward and suggestions for future research.

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